ADP Canada Media Centre

ADP Canada Pay Insights: Pay for Job-Stayers Was Up 3.0% in September

ROSELAND, N.J. and TORONTO, Oct. 8, 2026 /CNW/ -- Base pay for job-stayers in Canada increased 3.0% year-over-year in September; pay for job-changers rose 5.6%, according to the September ADP Canada Pay Insights produced by ADP Research.

Gross pay for job-stayers increased 4.4%. Gross pay for job-changers increased 9.9%.

Drawing on the anonymized payroll transaction data of approximately 1.6 million Canadian workers each month, ADP Canada Pay Insights provides a robust measure of pay trends for job-stayers and job-changers working in Canada's private sector. Using a unique matched sample to track individual workers over a 12-month period, the report also offers a view of wage trends by sector, firm size, and province and territory.

September 2026 ADP Canada Pay Insights Report Highlights

View ADP Canada Pay Insights and interactive charts at payinsights.adp.ca.

September 2026 ADP Canada Pay Insights

Median Change in Annual Base Pay

- Job-stayers 3.0%
- Job-changers 5.6%

Median Change in Annual Base Pay by Sector

Goods-producing

- Natural resources and mining 3.0%
- Construction 3.0%
- Manufacturing 3.2%

Service-providing

- Trade, transportation, and utilities 3.0%
- Information 3.0%
- Financial activities 3.0%
- Professional and business services 3.1%
- Education and health services 3.2%
- Leisure and hospitality 3.0%
- Other services 3.0%

Median Change in Annual Base Pay by Province and Territory

- Alberta 3.0%
- British Columbia 3.0%
- Manitoba 3.0%
- New Brunswick 3.5%
- Newfoundland and Labrador 3.0%
- Nova Scotia 3.8%
- Ontario 3.0%
- Prince Edward Island 4.1%
- Quebec 3.1%
- Saskatchewan 3.0%
- Yukon 2.5%

Median Change in Annual Base Pay by Firm Size

- 1-199 employees 3.0%
- 200-499 employees 3.0%
- 500+ employees 3.0%

Median Change in Annual Base Pay by Age

- 15-24 3.1%
- 25-34 3.5%
- 35-54 3.0%
- 55-85 2.8%

For additional information about ADP Canada Pay Insights, including historical files, gross pay data, breakouts by gender, pay quartile, and pay change distribution, methodology notes, and a calendar of release dates, please visit: payinsights.adp.ca.

The October 2026 ADP Canada Pay Insights report will be released on November 5, 2026, at 8:15 a.m. ET.

About ADP Research
The mission of ADP Research is to make the future of work more productive through data-driven discovery. Companies, workers, and policy makers rely on our finely tuned data and unique perspective to make informed decisions that impact workplaces around the world.

To subscribe to monthly email alerts or obtain additional information about ADP Research, including employment and pay data, methodology, and a calendar of release dates, please visit https://www.adpresearch.com/.

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